



## Counselor-in-Training Information Upstream Explorers Camp

Thank you for your interest in volunteering as a Counselor-in-Training (CIT) at the Upstream Explorers Camp! Being a CIT is a fantastic way to be a part of our summer camp program while learning important skills in being a camp counselor and youth educator. As a CIT, there are certain expectations you will need to follow while volunteering for our camp program. Please review the list of responsibilities on this page for further information on the CIT role and expectations during your time at Upstream Explorers.

### CITs should be:

- Between the ages of 12 to 18 years old
- Able to volunteer for the entire week of one or more of our programs listed below:
  - June 17<sup>th</sup> – 20<sup>th</sup>: Creek Explorers Camp (Ages 6-8)
  - July 15<sup>th</sup> – 18<sup>th</sup>: Watershed Wanderers (Ages 8-10)
  - August 26<sup>th</sup> – 29<sup>th</sup>: Streamside Sleuth (Ages 6-8)
- Excited to engage with kids in positive educational and recreational activities
- Able to maintain high energy and positivity while also having patience and compassion with campers
- Open to learning new skills
- Welcoming and warm to all campers and families that attend our program
- Willing to assist throughout the camp in any way that is needed
- Hardworking and collaborative with others while also able to take on projects independently
- Able to hike 2-3 miles on uneven terrain and comfortable in outdoor and water-based settings

### Daily/Weekly Responsibilities:

- Arrive by 8:00am ready to help set up camp and stay until 3:45pm to break down and debrief the day each day of the camp week (Monday-Thursday)
- Work with camp staff in managing campers, overseeing safety and supervision, and assisting during activities and outings in any way that is needed
- Engage campers in activities, such as helping them with projects, playing games, and supporting arts and crafts
- Escort campers during transition times between activities, during lunches, and on various breaks throughout the day
- Be fully engaged with campers throughout the day
- Communicate any problems or concerns to the Upper Deschutes Watershed Council educational staff
- Be welcoming to families during check in/check out times
- Complete any other duties as assigned by the Upper Deschutes Watershed Council educational staff

### Ready to apply?

Please reach out to Education Coordinator Colette Boylan at [cboylan@restorethedeschutes.org](mailto:cboylan@restorethedeschutes.org) to share your interest in volunteering for our program, as well as two references. We will get back to you shortly following your email!

If you have any questions about our CIT program or would like further information, please email Colette Boylan at [cboylan@restorethedeschutes.org](mailto:cboylan@restorethedeschutes.org) or call 541-382-6103 x5.